

- › occupational rehabilitation
- › injury management
- › career transition
- › workplace wellness

ADL Assessments
Attendant Care Assessments
Household Services Assessments
Medicolegal Assessments

Easec is adept at meeting the specific needs for different referring systems: DVA, Comcare, WorkCover Queensland, Life Insurance, NDIS and CTP.

To schedule an assessment or for more information, please contact us:

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Activities of Daily Living & Household Services Assessments

Expert ADL and HHS Assessments for Improved Independence and Quality of Life

At Easec, we specialise in comprehensive Activities of Daily Living (ADL) Assessments and Household Services (HHS) Assessments, delivered by our highly qualified Occupational Therapists. With extensive experience, FIM accreditation, and efficient assessment protocols, we provide expert evaluations and recommendations to improve independence and safety in daily living activities at home, and enhance overall wellbeing.

Why Choose Easec for your ADL/HHS Assessment?

- **Highly Qualified Occupational Therapists:** Our team holds FIM (Functional Independence Measure) accreditation, and are trained in a number of standardised ADL assessment tools such as the Modified Barthel Assessment. This ensures that your assessment is conducted to the highest professional standards with justifiable recommendations.
- **Experience with Catastrophic Injuries:** We have specialised experience working with individuals who have sustained catastrophic injuries, providing the necessary support for home modifications, rehabilitation and independence.
- **Post-surgical recommendations:** Our fast-track service supports your discharge from hospital, ensuring your equipment needs are provided in a timely and cost-effective manner.
- **Prescription of Aids & Appliances:** We offer guidance and prescriptions for aids and appliances to improve daily living tasks, tailored to your needs.
- **Local OT's with local connections:** Easec OT's live and work locally, and have a wide network of suppliers of equipment, home modifications and household services. We facilitate the completion of our recommendations.
- **Personalised, Confidential Service:** We offer customised recommendations that respect your privacy and focus on practical solutions for daily living.

What Is Assessed?

- **Mobility & Physical Activity:** Walking, climbing stairs, and transferring from one position to another.
- **Self-Care Tasks:** Bathing, dressing, grooming, and hygiene.
- **Daily Living Tasks:** Cooking, cleaning, laundry, lawn-mowing, and gardening.
- **Independent Living:** Memory, decision-making, and problem-solving abilities.
- **Access and Safety:** Home, transport and community accessibility.
- **Needs for specialist equipment, home modifications, household support services and attendant care.**

